

Barnet Paediatric Asthma Plan Activities

Activity/initiative to deliver the outcome	1. Young People & Families informed and empowered to manage the condition more effectively into adulthood	2. Enable healthy environments, which support children and young people with asthma to remain as well as possible	3. Enable all children to have access to a full education and activities, unhindered by asthma	4. All children have access to high quality asthma care	5. Earlier identification of children at risk of life threatening asthma attack or those with poor control.	So What?
Existing work in Barnet						
Barnet Healthy Schools & Early Years initiative						My school and early years setting supports my health and wellbeing and enables me to remain healthy and well.
Barnet LBB advice and guidance on safe medication storage						I am confident that medicine is safely stored and that I can access it should I need to with help from professionals
Ensuring asthma plans are in place in line with guidance						I know what to do to manage my asthma and have a clear plan in place if my asthma escalates which is shared with everyone involved in my care
Continued provision of inhaler						I know that when I am taught how to use my inhaler, it is correct and I am

technique training for pharmacy and other professionals						able to get the medicine to my airways appropriately so that I remain well.
Smoking cessation 'Baby Clear' across maternity pathway						My parents are supported to understand the impact of smoking on my Long Term Conditions (LTC) and are supported to quit so that my home environment is healthier
CHIN with focus on Children and Young People (CYP) asthma in place						In my borough, health professionals work together to support me to remain well in the community with my LTC
Royal Free Clinical Practice Group (CPG) 'end to end' pathway developed for asthma/wheezy child						Services in my area work together effectively so that everyone is clear about how to access the services I need to support me to remain well and get support if I need help
Map asthma and air pollution hotspots (public health)						Professionals in my borough use information to better target support and interventions related to asthma
Opportunities						
Develop network						First aiders support each other to



of school's first aiders						provide me the best care and advice in school.
Introduce Asthma Friendly Schools using existing 'Healthy Schools' mechanisms						My school understand how to keep me safe and support me to remain well with my asthma
Increase efforts to reduce tobacco dependence by: <ul style="list-style-type: none">- Providing consistent advice around harm reduction (i.e. E-Cig)- Consider C02 measure campaign in clinic- Review smoking cessation offer across Barnet						My borough is working hard to reduce the number of people that smoke so that my environment is as healthy as possible and doesn't impact negatively on my asthma.
Maximising use of existing communications channels to deliver						Professionals that work with children and families are able to provide me and my family with consistent information and guidance related to asthma so that I



key messages to professionals (i.e. GP and schools bulletins)						remain as well as possible
Build on role of community pharmacy to co-deliver inhaler technique training in schools/Early Years settings and Early Help locality hubs						Professionals in my school, children's centre or community hubs know how I should be using my inhaler and support me to do so if I need help, so that I remain well.
Utilise Personal, Social, Health and Economic Education lessons for asthma health promotion (using existing LA toolkit)						My school teach me and my friends about asthma so that there is less stigma. I feel safer that my friends understand how to help if I need it and don't treat me differently.
Identify links with obesity work in borough (i.e. healthy weight work)						Professionals don't treat my asthma in isolation but work with me on other aspects of my health which might be impact on my LTC
Promote the use of AirText to Young						People involved in my care, including my parent/carers are provided with



People, parents/carers and schools/EY settings						information about air quality so that they can make the best decisions for my LTC
Ensure Public Health included in borough Air quality action plan						My borough is working to improve air quality so that I can breathe clean air and not worry about the impact on my asthma.
Review existing Asthma Inhaler policy within schools						My school has an up to date asthma inhaler policy in place so that I remain safe whilst accessing my education
Recommissioning of School nursing and health visiting training could include something specific about asthma						School nurses and health visitors are all equipped to support me and my family with my LTC
Consider including asthma as a strand within the Resilient Schools work, linking mental and physical health (i.e. stress triggers)						My school helps me understand the links between my mental health and my asthma so that I know how to remain well.
Consider training all relevant staff in						All professionals will offer advice to me,



Very Brief Advice (VBA) across whole pathway						my parents and carers about smoking so that my environment is as healthy as possible
NCL Wide						
Develop NCL wide asthma toolkit for non-health front line practitioners working with families (i.e. Early Help and Housing services)						All professionals who help me and my family are aware of the risks of asthma and are able to offer advice or signposting to other services if I need them.
Develop NCL wide asthma toolkit for YP and parents/carers, informed by their needs						I have all the information I need to remain safe and well and understand how to access help if I need it

